



Preparing for your

MATERNITY SESSIONS



YOU BOOKED A PHOTO SESSION

now what?



You're having your portraits done! Yay! You're longing to have beautiful pictures, so you finally booked a session to capture these precious moments ... but now you're totally nervous and dreading the session.

Don't worry!

Most people feel self-conscious about being in front of a camera (me too!). But my goal is to make this a fun relaxing experience! I've done hundreds of sessions of all kinds, and I'm here to tell you, as soon as you get that first shot clicked, the nerves will dissipate.

Promise.

In the meantime, here are a few things to prepare for your photo session!

WARDROBE

Tips and tricks!

I suggest scheduling professional hair and makeup appointments for earlier in the day. A fresh blow out and a professional makeup application goes A LONG way when being photographed! You want to feel your best and this is definitely a time to treat yourself!

Solid colors, long flowy dresses, and open necklines are generally very flattering - make sure you're comfortable. Undergarments - a lot of maternity dresses are made of very stretchy fabric (to show off that bump!) so please pay attention to bra and panty lines! A well fitted bra and supportive shape-wear will make whatever you wear look even better!

Accessories: When planning your outfits, don't forget to plan accessories!! Stacks of bangles, lock necklaces, statement pieces, scarves, hats, bright shoes and other add-ons can make or break an outfit! A thin belt or synched waist top or dress will really help show off your bump!

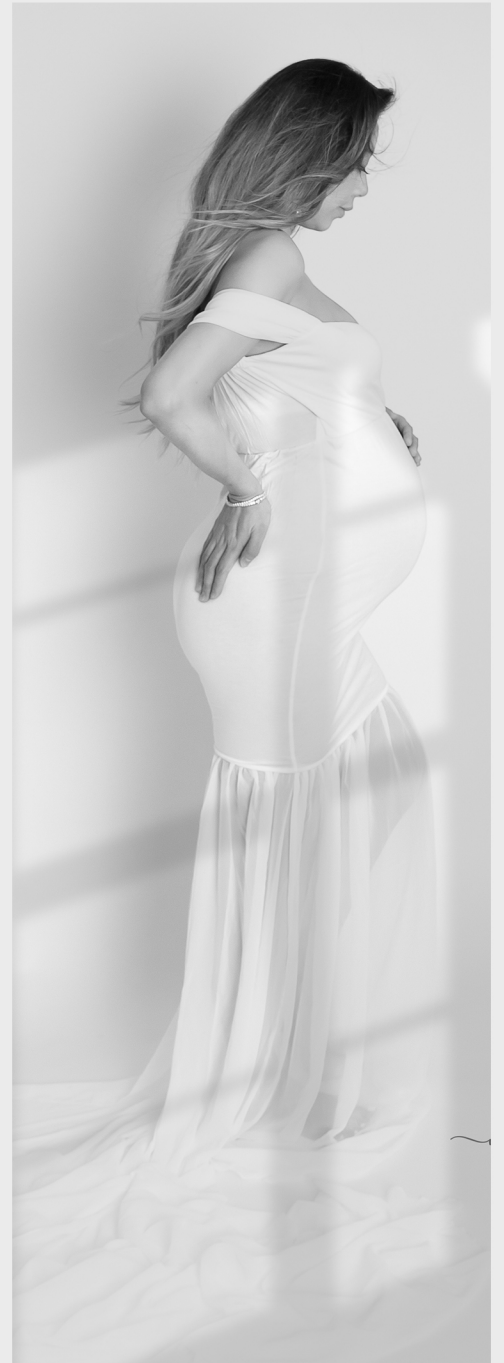
Get a manicure and pedicure the day or two before your shoot. I typically recommend a neutral and something fresh and light. We want your images to feel classic and timeless!

Guys! Empty out those pockets! We don't want wallets and phones showing up in the photos!

Arrive Early! Planning to arrive 10-15 minutes early will ensure that we get started right on time and maximize all of our scheduled shooting time!

See you soon!
Marta

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Thank You!

MARTA CHODUR PHOTOGRAPHY